



Get the facts before scheduling tests

Being informed is key to caring for your health. If your doctor suggests a test, consider asking these questions first:

- › Why do I need the test?
- › What will it reveal?
- › Is this test the only way to get the information?
- › What are the benefits and risks of having it?
- › How is it performed?
- › Will it hurt?
- › When and how will I get results?
- › What's the next step after I get results?

Make sure you're covered

- › Check your benefit plan before scheduling tests
- › Check The Alliance Find a Doctor directory for covered providers
- › Compare provider costs by using The Alliance *QualityCounts*[®] Outpatient Procedures and Tests Report
- › If you have questions, check the back of your insurance card, ask your claims administrator, human resource department, or call The Alliance at 800.223.4139

Remember, *QualityCounts*!

The Alliance *QualityCounts*[®] Outpatient Procedures and Tests Report shows cost information for common tests and procedures. Go to www.the-alliance.org and click on the *QualityCounts* logo for the complete report.



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